

Suicide Hotline 24/7 Support

For immediate suicide crisis or concerns, call 911 or go to your local emergency room

National Suicide Prevention Lifeline

Crisis Line for Adults and Teens

800-273-TALK (8255)

www.suicidepreventionlifeline.org

(English & Spanish)

Crisis Intervention of Houston

Crisis Line for Teens

832-416-1177

281-201-4430 (text)

www.crisishotline.org

Crisis Text Line

Crisis Text Line for Adults & Teens

Text "BRAVE" to: 741741

www.crisistextline.org

Christian Psychiatrists

Rafael D. Guerrero, M.D.

281-398-9800

www.drrafaelguerrero.com

Debra Stokan, M.D.

281-394-2005

www.stokanjaggers.com

Diana Collins, M.D.

281-240-7477

www.dianacollinsmd.com

Christian Counseling

Houston Christian Counseling

281-398-0022

www.christiancounselinghouston.com

Reid Counseling

281-968-9119

www.reidcounseling.com

Martin Counseling

713-489-5473

www.martincounseling.com